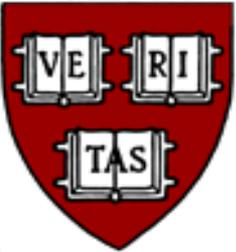


**Fakeeh  
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Hospital**



# ***RRT for AKI: when? How much? Which Modality and When to stop***

**22-25<sup>th</sup> 2025 – Kuwait - Kuwait**

**Prof Basset El Essawy**

**M.B.B.CH, Msc, MD PhD FASN FAST**

**Maitre es Science Medical (Nephrology, France)**

**DIU Organ Transplantation ( France)**

**DIU Pediatric Nephrology ( France)**

**AFSA Clinical Nephrology and Hypertension ( France)**

**C1 & C2 Immunology and Immunopathology ( France)**

**Diplome Des Etude Approfonde (DEA) Immunology of Organ transplantation ( France)**

**Prof. of Internal Medicine and Nephrology AlAzhar University & X-Associate Dean Ras AlKhaimah School of Medicine.**

**Adunject Prof Sharjah, Ras Al-Khaimah & Fakeeh university Hospital**

**Scientist, TRC- Renal Division; Brigham and women's Hospital.**

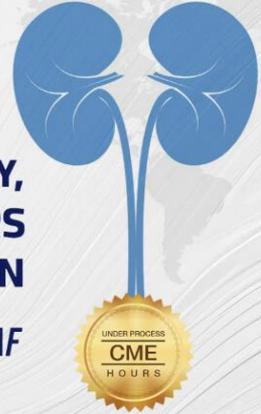
**Professor of Medicine - Harvard Medical School- USA**



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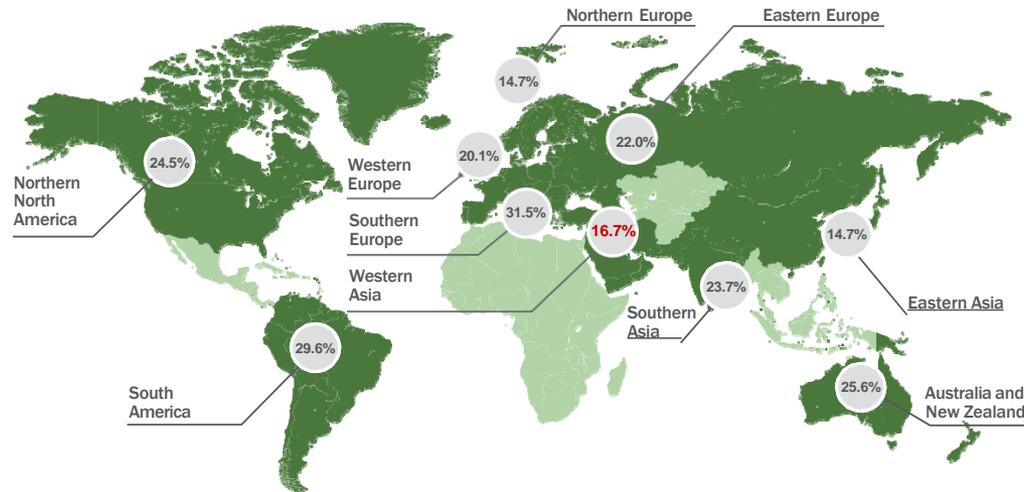
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# *RRT for AKI: when? How much? Which Modality and When to stop*

- Epidemiology, Outcome and Prediction Model of AKI
- When to Start RRT ( Indications and Timing )
- *Which Modality and When to stop*
- *SGLT2I and ACEi/ARBs*



Acute kidney injury is **COMMON** among hospitalized patients globally<sup>1</sup>



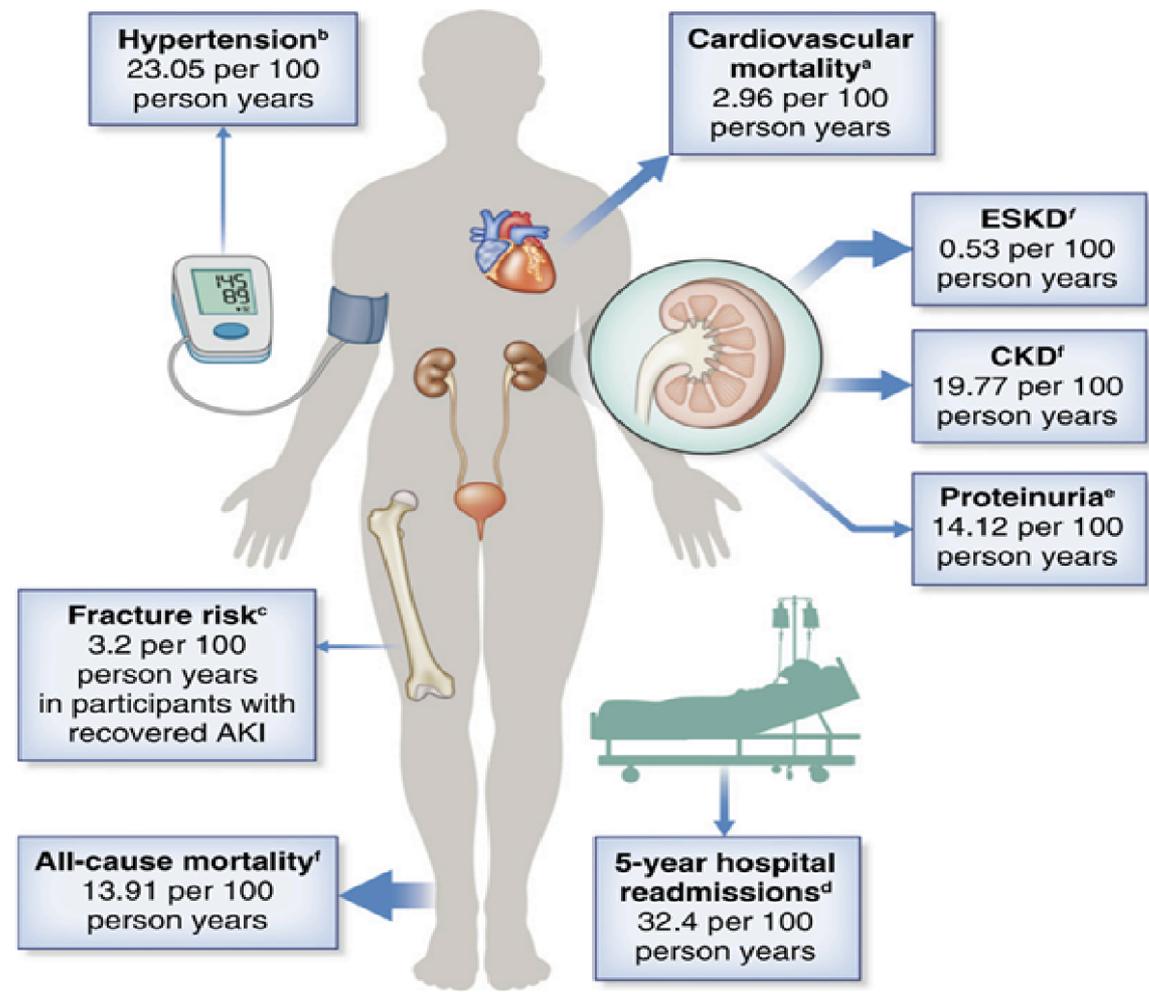
AKI AFFECTS AN ESTIMATED **20%** OF HOSPITALIZED PATIENTS WORLDWIDE

AKI is a **serious** condition

AKI IS ASSOCIATED WITH AN INCREASED RISK OF **MORBIDITY and MORTALITY**

AKI IS ASSOCIATED WITH AN INCREASED RISK OF **CKD, including ESRD**

*Hsu CY, Ordoñez JD, Chertow GM, et al. The risk of acute renal failure in patients with chronic kidney disease. Kidney Int 2008; 74:101. Multicentre meta-analysis of 154 studies (n=3,585,911), primarily in hospital settings, that adopted a KDIGO-equivalent AKI definition between 2004 and 2012. Pooled rates.<sup>1</sup>*



**Summary of reported event rates for long term outcomes after AKI.** The size of the arrows are a representation of the number of currently available studies reporting this outcome. It should also be noted that, although the rates are reported in the same units (events/100-person-years), data are taken from different sources and are therefore not directly comparable. The superscript letters indicate the sources of the event rates: <sup>a</sup>Odutayo *et al.* (8); <sup>b</sup>Hsu *et al.* (63); <sup>c</sup>Wang *et al.* (64); <sup>d</sup>Brown *et al.* (9); <sup>e</sup>Horne *et al.* (11); and <sup>f</sup>See *et al.* (5).

# AKI and Long-Term Risk for Cardiovascular Events and Mortality

Ayodele Odutayo,<sup>\*†</sup> Christopher X. Wong,<sup>‡</sup> Michael Farkouh,<sup>§</sup> Douglas G. Altman,<sup>†</sup> Sally Hopewell,<sup>†</sup> Connor A. Emdin,<sup>||</sup> and Benjamin H. Hunn<sup>¶\*\*</sup>

<sup>\*</sup>Faculty of Medicine, University of Toronto, Toronto, Ontario, Canada; <sup>†</sup>Centre for Statistics in Medicine, <sup>‡</sup>Nuffield Department of Population Health, <sup>||</sup>St. John's College, and <sup>\*\*</sup>Department of Physiology, Anatomy and Genetics, University of Oxford, Oxford, United Kingdom; <sup>§</sup>Peter Munk Cardiac Centre and Heart and Stroke Richard Lewar Centre, University of Toronto, Toronto, Canada; and <sup>¶</sup>School of Medicine, University of Tasmania, Hobart, Australia

## ABSTRACT

AKI associates with increased long-term risk of mortality, but the prognostic significance of AKI in terms of long-term cardiovascular disease remains unconfirmed. We conducted a systematic review and meta-analysis to assess whether AKI associates with long-term cardiovascular disease. We included cohort studies that examined adults with and without AKI and reported a multivariable-adjusted relative risk (RR) for the association between AKI and cardiovascular mortality, major cardiovascular events, and disease-specific events: congestive heart failure, acute myocardial infarction, and stroke. Twenty-five studies involving 254,408 adults (55,150 with AKI) were included. AKI associated with an 86% and a 38% increased risk of cardiovascular mortality and major cardiovascular events, respectively ([RR 1.86; 95% confidence interval (95% CI), 1.72 to 2.01] and [RR 1.38; 95% CI, 1.23 to 1.55], respectively). For disease-specific events, AKI associated with a 58% increased risk of heart failure (RR 1.58; 95% CI, 1.46 to 1.72) and a 40% increased risk of acute myocardial infarction (RR 1.40; 95% CI, 1.23 to 1.59). The elevated risk of heart failure and acute myocardial infarction persisted in subgroup analyses on the basis of AKI severity and the proportion of adults with baseline ischemic heart disease. Finally, AKI was associated with a 15% increased risk of stroke (RR 1.15; 95% CI, 1.03 to 1.28). In conclusion, AKI associates with an elevated risk of cardiovascular mortality and major cardiovascular events, particularly heart failure and acute myocardial infarction.

November 14, 2017

# Derivation and External Validation of Prediction Models for Advanced Chronic Kidney Disease Following Acute Kidney Injury

Matthew T. James, MD, PhD<sup>1,2,3,4</sup>; Neesh Pannu, MD, SM<sup>5</sup>; Brenda R. Hemmelgarn, MD, PhD<sup>1,2,3,4</sup>; et al

> Author Affiliations | Article Information

JAMA. 2017;318(18):1787-1797. doi:10.1001/jama.2017.16326

**A** Point values for each variable

Age, y	Points
<50	0
50-59	1
60-69	2
70-79	2
80-89	2
≥90	3

Sex	Points
Men	0
Women	3

Baseline SCr, mg/dL	Points
<0.6	0
0.6-<0.7	1
0.7-<0.8	1
0.8-<0.9	2
0.9-<1.0	2
1.0-<1.1	3
1.1-<1.2	3
1.2-<1.3	4
≥1.3	5

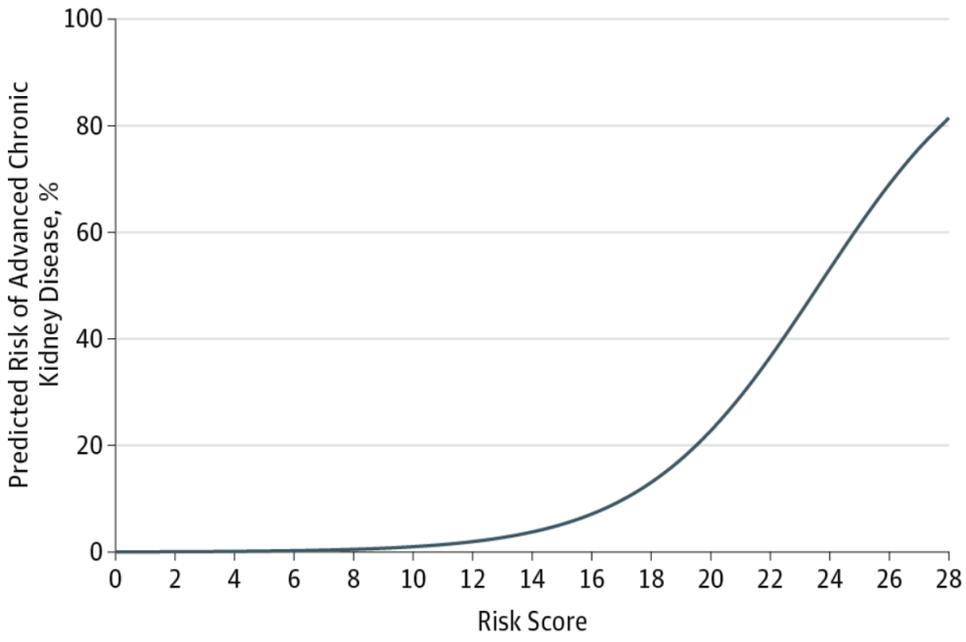
Albuminuria	Points
Normal	0
Mild	1
Heavy	3
Not measured	1

Acute kidney injury stage	Points
1	0
2	1
3	3

Discharge SCr, mg/dL	Points
<1.0	0
1.0-<1.3	3
1.3-<1.6	6
1.6-<1.9	7
≥ 1.9	11

Summation of Points:	
Age	+ _____
Sex	+ _____
Baseline serum creatinine value	+ _____
Albuminuria	+ _____
Acute kidney injury stage	+ _____
Discharge serum creatinine value	+ _____
<b>Total Risk Score =</b>	

**B** Predicted risk of advanced chronic kidney disease



Total Risk Score	Predicted Risk of Advanced Chronic Kidney Disease, %	Percentage of Patients in Risk Category, %	
		Derivation Cohort	External Validation Cohort
1-8	<1	44.0	45.0
9-14	1-<5	43.6	43.8
15-17	5-<10	7.2	7.1
18-19	10-<20	2.5	2.1
≥20	≥20	2.7	2.0

## Summary of knowledge gaps in current understanding of the long-term outcomes of AKI

### Areas of Uncertainty/Knowledge Gaps in Our Understanding of the Long-Term Outcomes of AKI

### Suggestions for Next Steps

To what degree the association between AKI and mortality is causal

Prospective data collection with adequate consideration of confounding variables, intervention studies that demonstrate reduced mortality

Understanding of the mechanism of the link between AKI and CKD in humans

Translation of animal models to humans; clinical studies incorporating methods that improve mechanistic understanding of the AKI to CKD transition in humans (*e.g.*, biopsy, biomarkers, or imaging)

Incorporation of etiologic factors into assessment and definition of AKI

Development of tools that include AKI etiology in assessment; prospective data collection focusing on precise etiology of AKI

Optimal measurement of kidney function following AKI

Consensus definition to allow for harmonization of data going forward

Understanding the incidence of albuminuria post-AKI because this might be a potential target for future intervention

Incorporation of albuminuria into CKD definition post-AKI in line with the KDIGO CKD definition; further study of albuminuria as an independent risk factor for adverse outcomes in a post-AKI setting

Establish the role of existing or novel biomarkers in the recovery phase of AKI to improve risk stratification and/or provide mechanistic insights into the AKI to CKD transition

Collection of biomarkers at time of AKI combined with collection of biomarkers during recovery

Availability of interventions that reduce long-term sequelae following AKI

Studies into optimal or tailored follow-up strategies and research into gaps in current post-AKI care

# Long-Term Outcomes in Patients with Acute Kidney Injury

There are no established therapeutic interventions to reduce post-AKI sequelae or evidence to inform strategies for health care provision.

Why this is important?

Because post-AKI care has been shown to be variable, with many patients not receiving any planned follow-up even when they have received RRT during their acute Episode.

# *RRT for AKI: when? How much? Which Modality and When to stop*

- Epidemiology, Outcome and Prediction Model of AKI
- *When to Start RRT ( Indications and Timing )*
- *Which Modality and When to stop*
- *SGLT2i and ACEi/ARBs*

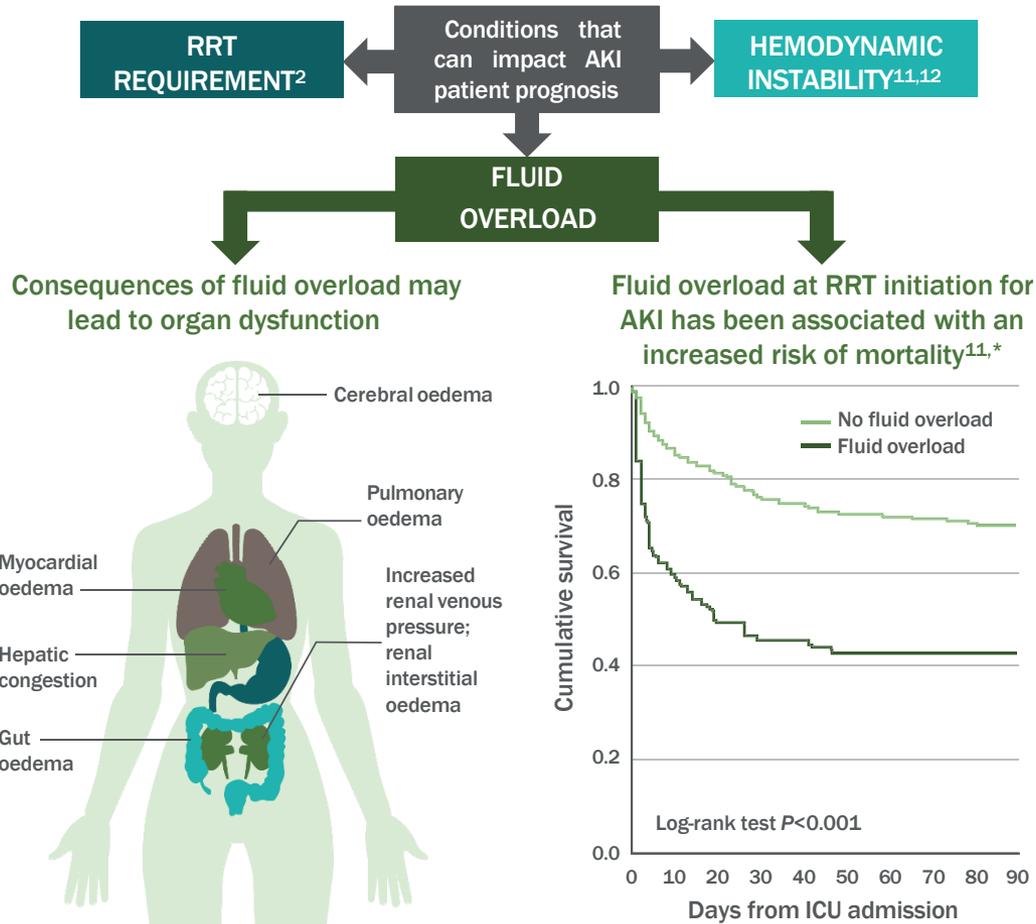
# **KRT for AKI: When? How much? Which Modality and When to stop**

- Urgent Indications:–
  - *Fluid overload refractory to diuretic therapy*
  - *Severe hyperkalemia (plasma potassium concentration >6.5 mEq/L) or rapidly rising potassium levels*
  - *Overt manifestations of uremia, such as pericarditis, encephalopathy, or an otherwise unexplained decline in mental status*
  - *Severe metabolic acidosis (pH <7.1) despite medical management, though the benefit of KRT in patients with lactic acidosis is uncertain.*
  - *Certain alcohol and drug intoxications amenable to extracorporeal therapy*

# ACUTE KIDNEY INJURY OVERVIEW



Fluid overload is one condition that may adversely impact AKI patient prognosis



**FLUID OVERLOAD IN PATIENTS WITH AKI IS A SERIOUS CONDITION**

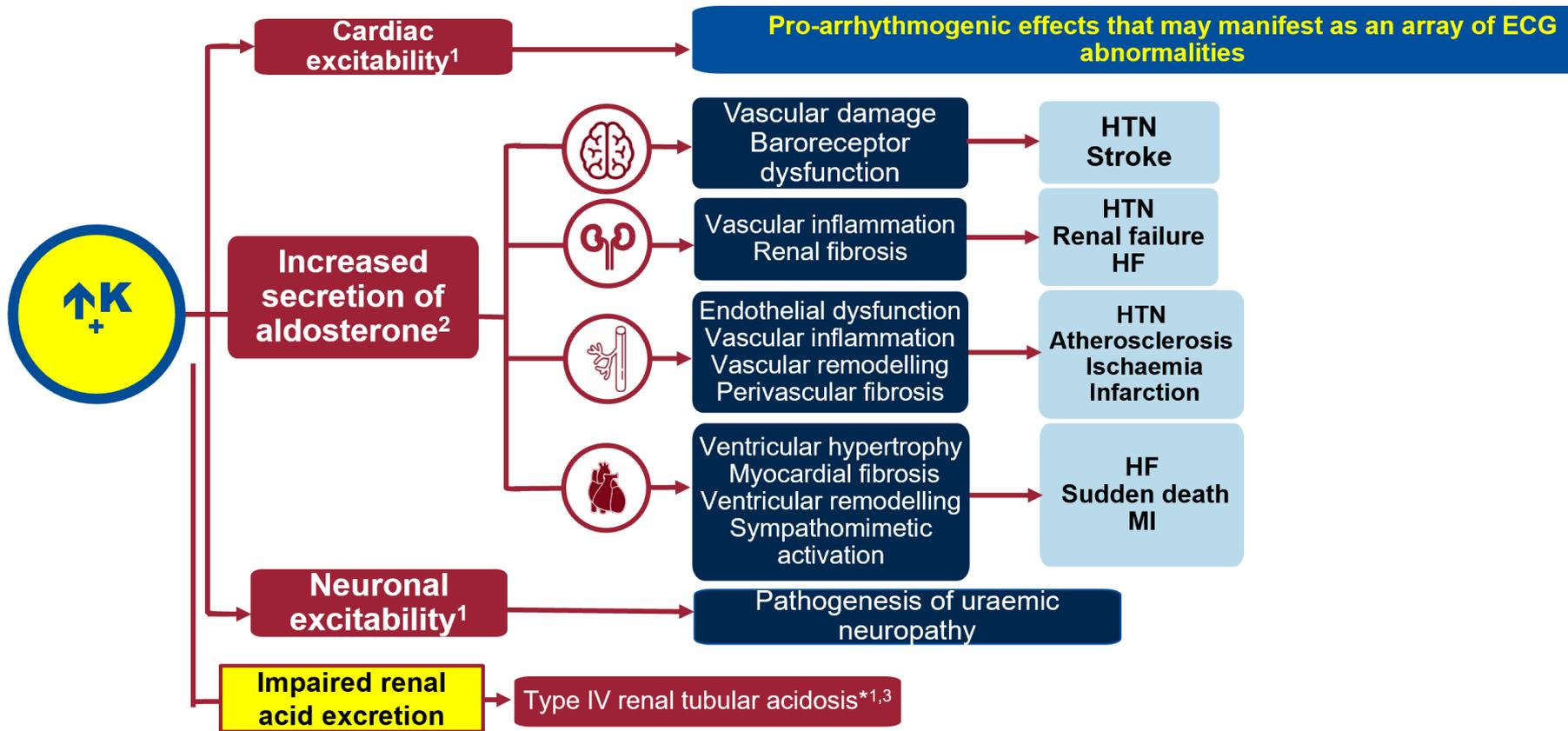
\*

Prospective, observational cohort study of 296 adults treated with RRT in 17 Finnish ICUs from Sep 2011–Feb 2012.:

Zhang L, et al. *J Crit Care*. 2015;30:860.e7-13.

Bouchard J, et al. *Kidney Int*. 2009;76:422-427.

# SERIOUS CLINICAL CONSEQUENCES OF CHRONIC HYPERKALAEMIA



1. Hunter RW and Bailey MA. Nephrol Dial Transplant 2019;34:iii2–iii11; 2. Zannad F, et al. The Evolution of Heart Failure Management: The Role of Aldosterone: The Emergence of Aldosterone As a Cardiac Toxin. Presented at Medscape CME & Education; 17th December 2003. Available at: [https://www.medscape.org/viewarticle/466090\\_2](https://www.medscape.org/viewarticle/466090_2) (accessed May 2021);

3. Palmer BF, et al. Adv Ther 2021;38:949–68.

—\*Exact mechanism unclear.

## *Timing of Individualized initiation*

*Individual initiation of RRT in patients with AKI that is unlikely to resolve quickly and have one or more of the following:*

- *S K >6.0 mEq/L that is unresponsive to aggressive medical management, or >5.5 mEq/L if there is ongoing tissue breakdown (eg, Rhabdomyolysis, Crush injury, Tumor Lysis Syndrome).*

- *Ongoing K absorption (eg, due to severe gastrointestinal bleeding). Elective initiation of RRT in patients before the potassium reaches 6.5 mEq/L can help avoid emergency initiation and potentially life-threatening arrhythmias.*

*S K can rise rapidly in patients with AKI who have ongoing tissue breakdown or K absorption.*

- *Severe metabolic acidosis (pH <7.15) without reversible cause (eg, ketoacidosis) and despite optimal medical management (eg, intravenous Nac3 therapy as volume status permits). Data supporting a precise pH threshold for initiation of RRT in this setting are lacking; some experts would suggest initiation of RRT at higher pH levels (eg, pH <7.2). - STARRT-AKI Investigators, Canadian Critical Care Trials Group, Australian and New Zealand Intensive Care Society Clinical Trials Group, et al. Timing of Initiation of Renal-Replacement Therapy in Acute Kidney Injury. N Engl J Med 2020; 383:240.*

## Timing of Individualized initiation

*The benefit of RRT in patients with severe metabolic acidosis due to lactic acidosis is controversial, as the rate of clearance that can be provided by RRT is substantially < endogenous generation .*

*RRT is employed as supportive therapy as a bridge to definitive management of the underlying cause of lactic acidosis (eg, bowel resection for ischemic bowel), there is little evidence of mortality benefit. The exception is the treatment of metformin-associated lactic acidosis, in which RRT reverses the underlying cause.*

- Hypervolemic patients who are oliguric or who remain in persistent +ve fluid balance despite high doses of loop diuretics (often used in combination with a thiazide or thiazide-like diuretic), particularly if oxygen requirements are increasing. Elective initiation in such patients can help avoid the need for intubation and mechanical ventilation.*

- There are No specific time threshold (eg, 72 hours of severe AKI) to initiate RRT in the absence of the urgent or Individualized indications as presented above.- - Gaudry S, Hajage D, Benichou N, et al. Delayed versus early initiation of renal replacement therapy for severe acute kidney injury: a systematic review and individual patient data meta-analysis of randomised clinical trials. Lancet 2020; 395:1506. - Gaudry S, Hajage D, Schortgen F, et al. Initiation Strategies for Renal-Replacement Therapy in the Intensive Care Unit. N Engl J Med 2016; 375:122.*

## Timing of initiation of dialysis and its association with mortality

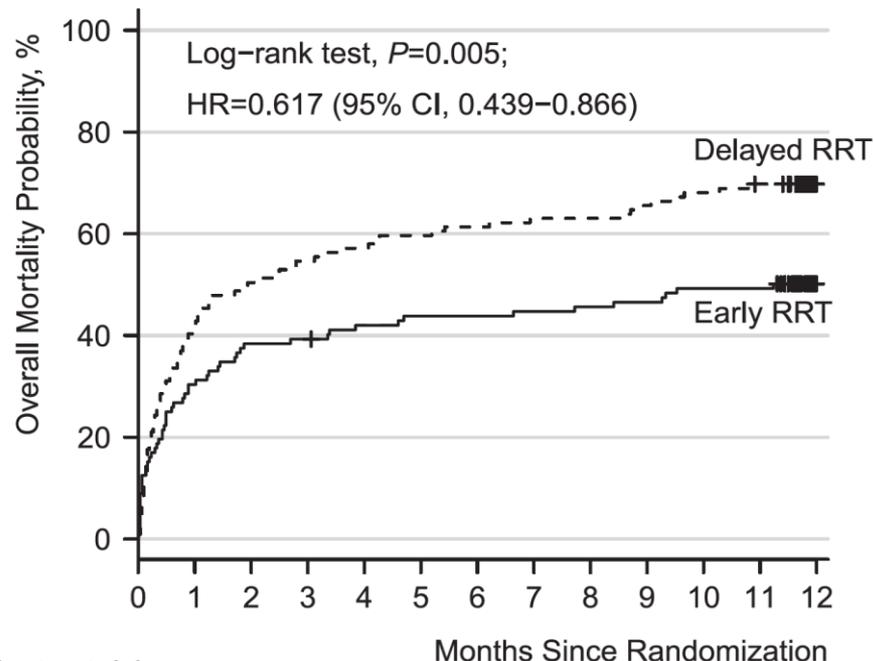
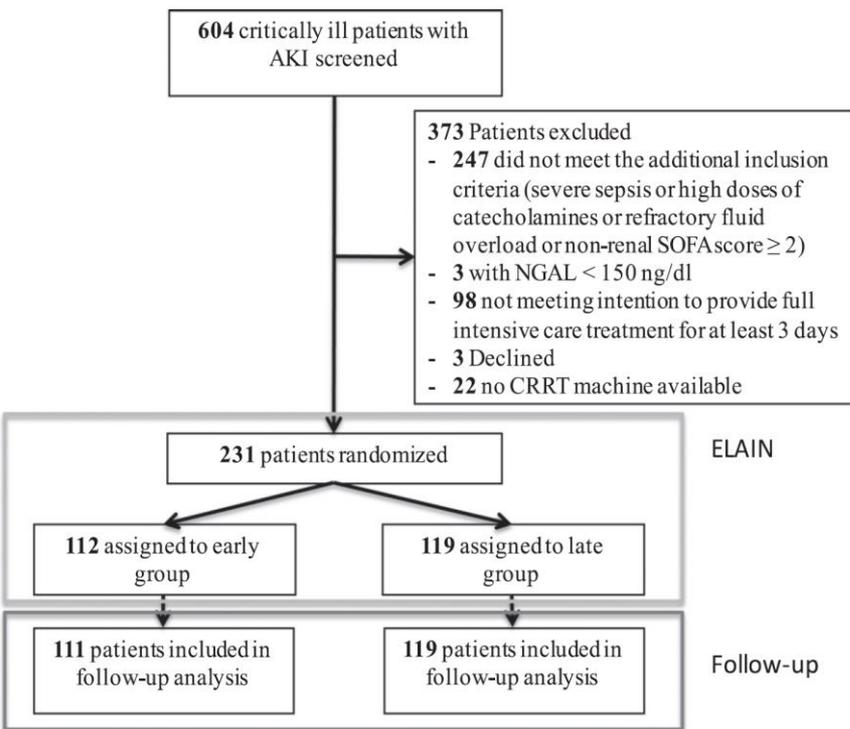
Study	Reference	Year	No. of Patients	Study Design	Predialysis BUN (mg/dl)		Mortality (%)	
					Early	Late	Early	Late
Parsons <i>et al.</i>	(6)	1961	33	Cohort with historical control	120 to 150	200	25	88
Fischer <i>et al.</i>	(7)	1966	162	Cohort with historical control	152	231	51	77
Kleinknecht <i>et al.</i> <sup>a</sup>	(8)	1972	320	Cohort with historical control	93	164	29	42
Conger <sup>a</sup>	(9)	1975	18	Case-control	50	120	20	64
Gettings <i>et al.</i>	(10)	1999	100	Retrospective cohort	42.6	94.5	61	80
Bouman <i>et al.</i>	(16)	2002	65	Randomized trial	48	105	31	25

<sup>a</sup>Case patients and control subjects differed with respect to both the timing of initiation of dialysis and the dose of dialysis delivered.

# Long-Term Clinical Outcomes after Early Initiation of RRT in Critically Ill Patients with AKI

Melanie Meersch,<sup>1</sup> Mira Küllmar,<sup>1</sup> Christoph Schmidt,<sup>1</sup> Joachim Gerss,<sup>2</sup> Toni Weinhage,<sup>3</sup> Andreas Margraf,<sup>1</sup> Thomas Ermert,<sup>1</sup> John A. Kellum,<sup>4</sup> and Alexander Zarbock<sup>1</sup>

<sup>1</sup>Department of Anaesthesiology, Intensive Care and Pain Medicine and <sup>2</sup>Institute of Biostatistics and Clinical Research, University Hospital of Münster, Muenster, Germany; <sup>3</sup>Department of Pediatric Rheumatology and Immunology, University Hospital Münster, Muenster, Germany; and <sup>4</sup>Center for Critical Care Nephrology, Department of Critical Care Medicine, University of Pittsburgh, Pittsburgh, Pennsylvania



Patients at risk

Delayed	119	69	59	54	51	48	46	44	44	41	38	35
Early RRT	112	78	69	68	64	62	62	61	60	59	56	56

The flowchart of the ELAIN Trial shows 231 patients were included in the initial trial and 1 patient was lost to follow-up for the follow-up analysis. CRRT, continuous RRT; NGAL, neutrophil gelatinase-associated lipocalin.

The Kaplan Meier analysis shows the overall mortality in the early versus the delayed RRT initiation group. Patients with early initiation of RRT showed a significant improved survival as compared with the delayed group (HR, 0.617; 95% CI, 0.439–0.866;  $P=0.005$ ).

## *Timing of Individualized initiation*

*Initiating RRT even earlier in the course of AKI (ie, before the patient develops an urgent indication or one of the Individualized indications) is generally not beneficial.*

*Early initiation of RRT may be harmful, may delay recovery of kidney function, and results in increased health care utilization.*

*Multiple trials have compared strategies of early RRT initiation (in the absence of any indications mentioned above) with delayed RRT initiation (once indications have developed).*

*Wald R, Kirkham B, daCosta BR, et al. Fluid balance and renal replacement therapy initiation strategy: a secondary analysis of the STARRT-AKI trial. Crit Care 2022; 26:360.*



# Fluid balance and renal replacement therapy initiation strategy: a secondary analysis of the STARRT-AKI trial

Ron Wald<sup>1,2\*</sup>, Brian Kirkham<sup>3</sup>, Bruno R. daCosta<sup>2,3</sup>, Ehsan Ghamarian<sup>3</sup>, Neill K. J. Adhikari<sup>4</sup>, William Beaubien-Souligny<sup>5</sup>, Rinaldo Bellomo<sup>6,7,8,9</sup>, Martin P. Gallagher<sup>10</sup>, Stuart Goldstein<sup>11</sup>, Eric A. J. Hoste<sup>12,13</sup>, Kathleen D. Liu<sup>14</sup>, Javier A. Neyra<sup>15</sup>, Marlies Ostermann<sup>16</sup>, Paul M. Palevsky<sup>17</sup>, Antoine Schneider<sup>18</sup>, Suvi T. Vaara<sup>19</sup> and Sean M. Bagshaw<sup>20</sup>

## Abstract

**Background:** Among critically ill patients with acute kidney injury (AKI), earlier initiation of renal replacement therapy (RRT) may mitigate fluid accumulation and confer better outcomes among individuals with greater fluid overload at randomization.

**Methods:** We conducted a pre-planned post hoc analysis of the Standard versus Accelerated initiation of Renal Replacement Therapy in Acute Kidney Injury (STARRT-AKI) trial. We evaluated the effect of accelerated RRT initiation on cumulative fluid balance over the course of 14 days following randomization using mixed models after censoring for death and ICU discharge. We assessed the modifying effect of baseline fluid balance on the impact of RRT initiation strategy on key clinical outcomes. Patients were categorized in quartiles of baseline fluid balance, and the effect of accelerated versus standard RRT initiation on clinical outcomes was assessed in each quartile using risk ratios (95% CI) for categorical variables and mean differences (95% CI) for continuous variables.

**Results:** Among 2927 patients in the modified intention-to-treat analysis, 2738 had available data on baseline fluid balance and 2716 (92.8%) had at least one day of fluid balance data following randomization. Over the subsequent 14 days, participants allocated to the accelerated strategy had a lower cumulative fluid balance compared to those in the standard strategy (4509 (−728 to 11,698) versus 5646 (0 to 13,151) mL,  $p=0.03$ ). Accelerated RRT initiation did not confer greater 90-day survival in any of the baseline fluid balance quartiles (quartile 1: RR 1.11 (95% CI 0.92 to 1.34), quartile 2: RR 1.03 (0.87 to 1.21); quartile 3: RR 1.08 (95% CI 0.91 to 1.27) and quartile 4: RR 0.87 (95% CI 0.73 to 1.03),  $p$  value for trend 0.08).

**Conclusions:** Earlier RRT initiation in critically ill patients with AKI conferred a modest attenuation of cumulative fluid balance. Nonetheless, among patients with greater fluid accumulation at randomization, accelerated RRT initiation did not have an impact on all-cause mortality.

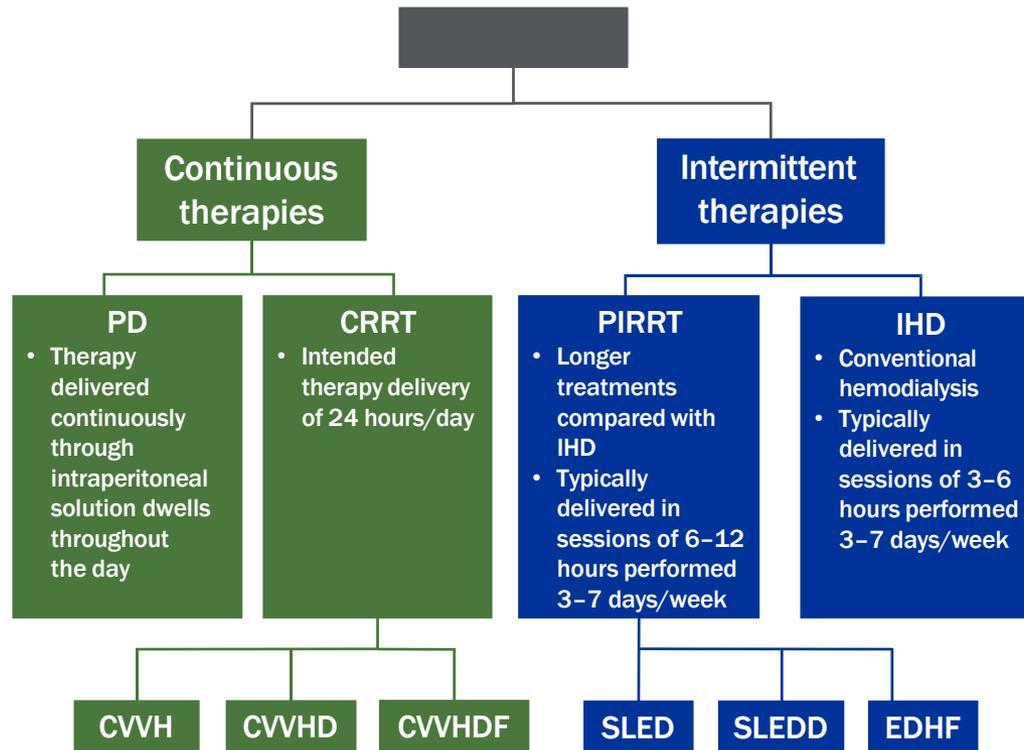
# *RRT for AKI: when? How much?*

## *Which Modality and When to stop*

- Epidemiology, Outcome and Prediction Model of AKI
- When to Start RRT ( Indications and Timing )
- *Which Modality and When to stop*
- *SGLT2i and ACEi/ARBs*



Various renal replacement modalities are available for the management of AKI



ACUTE RRT IS DELIVERED AS EITHER  
A CONTINUOUS OR  
INTERMITTENT THERAPY<sup>20</sup>

# RRT MODALITIES FOR AKI



## Modalities Differ in Their Typical Characteristics

Typical RRT modality characteristics and settings for a 70-kg AKI patient<sup>25-27</sup>

CONTINUOUS THERAPIES

INTERMITTENT THERAPIES

Parameter	CVVH	CVVHD	CVVHDF	SLED*	IHD
Blood flow (Q <sub>B</sub> , mL/min)	150–250	150–250	150–250	100–300	200–300
Predominant solute transport principle			 + 		
Ultrafiltrate (mL/h)	1500–2000	variable	1000–1500	variable	variable
Dialysate flow (Q <sub>D</sub> , mL/h)	0	1500–2000	1000–1500	6000–18,000	18,000–30,000
Replacement fluid for zero balance (mL/h)	1500–2000	 0 Convection	 1000–1500 Diffusion	0	0
Urea clearance (mL/min)	25–33	25–33	25–33	80–90	200–500

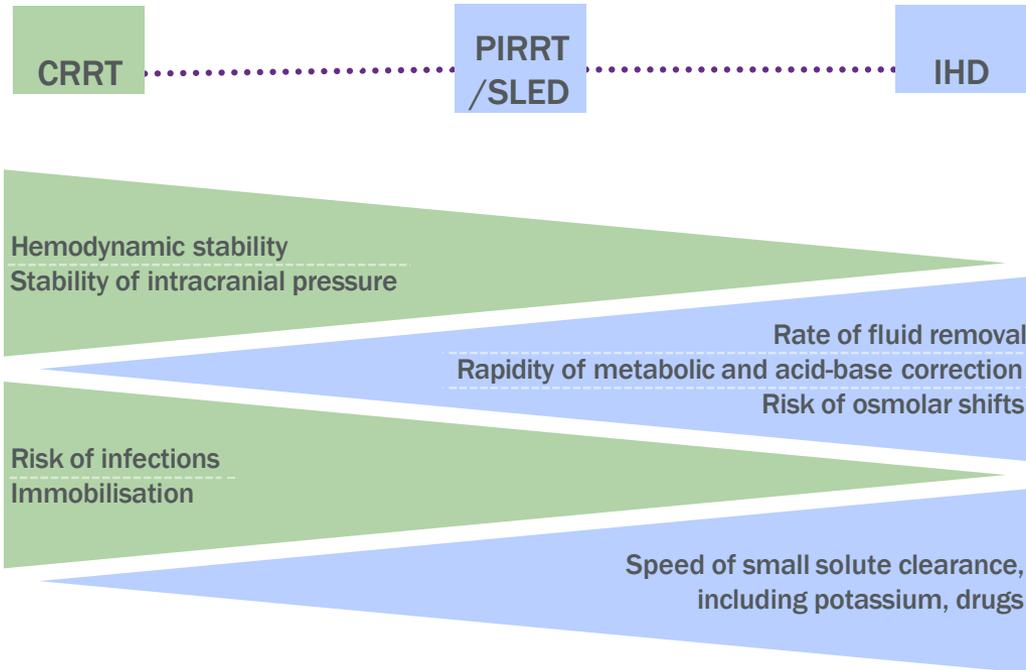
Q<sub>B</sub>, Q<sub>D</sub>, AND UREA CLEARANCE TEND TO BE LOWER IN CONTINUOUS THERAPIES THAN IN INTERMITTENT THERAPIES

REVA CLEAR Dialyzer Technology. 2017. Available from: [http://www.baxter.ca/en\\_CA/assets/downloads/2017/Rev](http://www.baxter.ca/en_CA/assets/downloads/2017/Rev%20clear%20Spec%20Sheet%20Brochure%20English.pdf) [aclear%20Spec%20Sheet%20Brochure%20English.pdf](http://www.baxter.ca/en_CA/assets/downloads/2017/Rev%20clear%20Spec%20Sheet%20Brochure%20English.pdf)  
 (accessed December 2018). Fresenius Medical Care. Optiflux Dialyzers. 2016. Available from: [http://www.fmcna-dialyzers.com/images/pdf/101046-Optiflux-Dialyzer\\_SpecSheet.pdf](http://www.fmcna-dialyzers.com/images/pdf/101046-Optiflux-Dialyzer_SpecSheet.pdf) (accessed December 2018).



Individual patient needs can be addressed by considering the characteristics of the various RRT modalities<sup>28</sup>

Relative features, risks, and burdens of different RRT modalities<sup>28</sup>



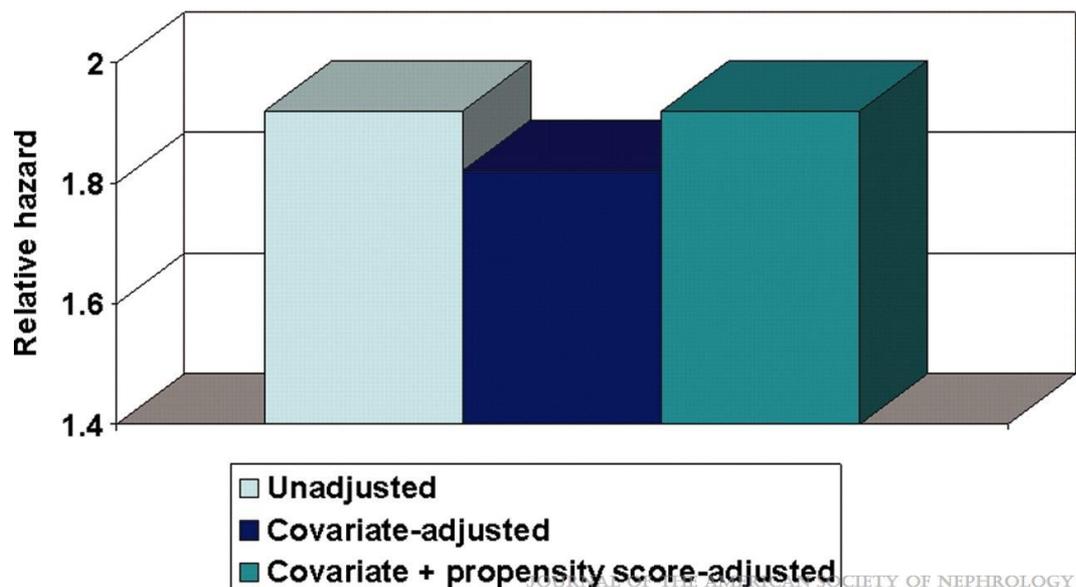
EACH RRT MODALITY HAS POTENTIAL  
**BENEFITS AND LIMITATIONS**  
FOR THE MANAGEMENT OF PATIENTS WITH AKI<sup>28</sup>

## Survival by Dialysis Modality in Critically Ill Patients with Acute Kidney Injury

Cho, Kerry C.; Himmelfarb, Jonathan; Paganini, Emil; Ikizler, T. Alp; Soroko, Sharon H.; Mehta, Ravindra L.; Chertow, Glenn M.

Journal of the American Society of Nephrology 17(11):3132-3138, November 2006.

doi: 10.1681/ASN.2006030268



Mortality within 60 d after acute kidney injury requiring dialysis: Continuous renal replacement therapies versus intermittent hemodialysis.

*Data do not support the superiority of either CRRT or IHD.*

*Thus, the selection of modality of RRT should be based upon local expertise and experience in combination with the needs of the individual patient*

# When to stop = Discontinuations

- *A precise level of kidney function needed to allow discontinuation of RRT has not been established.*
- *However, a creatinine clearance  $<12$  mL/min is probably inadequate to allow discontinuation of therapy.*
- *In the VA/NIH ATN study, RRT was discontinued when the measured creatinine clearance exceeded 20 mL/min and was left to the discretion of providers when in the range of 12 to 20 mL/min.*
- VA/NIH Acute Renal Failure Trial Network, Palevsky PM, Zhang JH, et al. Intensity of renal support in critically ill patients with acute kidney injury. N Engl J Med 2008; 359:7.

# *RRT for AKI: when? How much?*

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- *Which Modality and When to stop*
- *SGLT2I and ACEi/ARBs*

# Kidney Outcomes with Sodium–Glucose Cotransporter-2 Inhibitor Initiation after AKI among Veterans with Diabetic Kidney Disease

Daniel P. Murphy <sup>1</sup>, Julian Wolfson <sup>2</sup>, Scott Reule <sup>1,3</sup>, Kirsten L. Johansen <sup>1,4,5</sup>, Areef Ishani,<sup>1,3</sup> and Paul E. Drawz <sup>1</sup>

## Key Points

Post-AKI sodium–glucose cotransporter-2 inhibitor use was associated with a reduced risk for progression of CKD and for recurrent AKI among veterans with diabetic kidney disease even after accounting for recovery from the index AKI. A minority of Veterans with diabetic kidney disease received a sodium–glucose cotransporter-2 inhibitor after having had AKI during the study period.

## Abstract

**Background** The effect of sodium–glucose cotransporter-2 inhibitor (SGLT2i) on kidney function after AKI is unknown.

**Methods** The study population was drawn from a retrospective cohort of Veterans with diabetes mellitus type 2 (DM2) and proteinuria. The study exposure was time-varying use of SGLT2i after an index AKI hospitalization. The two study outcomes were time to (1) a sustained decrease in eGFR over at least 3 months to  $<60$  ml/min per  $1.73$  m<sup>2</sup> and  $\geq 30\%$  below a post-AKI–updated eGFR and (2) recurrent hospitalization with AKI. AKI was defined as a rise in serum creatinine concentration to  $\geq 50\%$  above a moving outpatient creatinine baseline. DM2 was defined by  $\geq 2$  billing codes related to DM2 before the index AKI; proteinuria was defined by the most recent albuminuria, proteinuria, or urinalysis test. Veterans were required to have a baseline eGFR and an eGFR 3–12 months after the index AKI hospitalization  $\geq 30$  ml/min per  $1.73$  m<sup>2</sup>.

**Results** Ten thousand thirty-six Veterans met study inclusion criteria. Two thousand seven hundred and ninety-four (28%) received a SGLT2i. Seven hundred and seventy-five (8%) had CKD progression, and 1816 (18%) had recurrent AKI over a median follow-up of 1.8 and 1.7 years, respectively, which began 1 year after the index AKI hospitalization. SGLT2i use was associated with lower risk for CKD progression (adjusted hazard ratio 0.72 [95% confidence interval, 0.57 to 0.91]) and for recurrent AKI (adjusted hazard ratio 0.75 [95% confidence interval, 0.65 to 0.88]).

**Conclusions** SGLT2i use was associated with a lower risk for CKD progression and for recurrent AKI among those with diabetic kidney disease and recent AKI.

71,907 Veterans ages 18-90 years with diabetes mellitus type 2 who survived hospitalization with AKI

36,376 patients without an oral or noninsulin injectable diabetes medication before index AKI

14,467 patients without baseline proteinuria

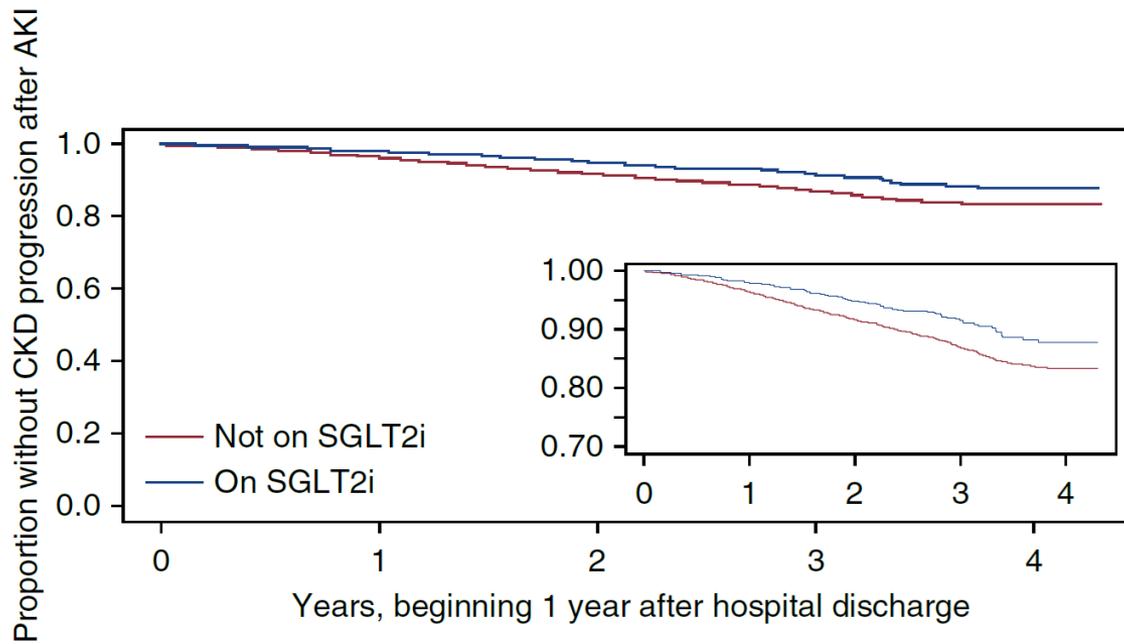


Figure 3. Kaplan–Meier curve for CKD progression after AKI by post-AKI SGLT2i use ( $N=10,036$ ,  $P < 0.001$ ).

10,036 patients eligible for study

$\geq 30$  mL/minute/1.73 m<sup>2</sup> measured 3-12 months after AKI

2780 = 28 % received SGLT2i after AKI

# Renin–Angiotensin–Aldosterone System Blockade after AKI with or without Recovery among US Veterans with Diabetic Kidney Disease

Daniel P. Murphy <sup>1</sup>, Julian Wolfson <sup>2</sup>, Scott Reule <sup>1,3</sup>, Kirsten L. Johansen <sup>1,4,5</sup>, Areef Ishani <sup>1,3</sup> and Paul E. Drawz <sup>1</sup>

<sup>1</sup>Department of Medicine, Medical School, University of Minnesota, Minneapolis, Minnesota

<sup>2</sup>Division of Biostatistics, School of Public Health, University of Minnesota, Minneapolis, Minnesota

<sup>3</sup>Section of Nephrology, Minneapolis Veterans Affairs Health Care System, Minneapolis, Minnesota

<sup>4</sup>Division of Nephrology, Hennepin Healthcare, Minneapolis, Minnesota

<sup>5</sup>Chronic Disease Research Group, Hennepin Healthcare Research Institute, Minneapolis, Minnesota

## ABSTRACT

**Background** Optimal use of angiotensin-converting enzyme inhibitors (ACEis) or angiotensin II receptor blockers (ARBs) after AKI is uncertain.

**Methods** Using data derived from electronic medical records, we sought to estimate the association between ACEi/ARB use after AKI and mortality in US military Veterans with indications for such treatment (diabetes and proteinuria) while accounting for AKI recovery. We used ACEi/ARB treatment after hospitalization with AKI (defined as serum creatinine  $\geq 50\%$  above baseline concentration) as a time-varying exposure in Cox models. The outcome was all-cause mortality. Recovery was defined as return to  $\leq 110\%$  of baseline creatinine. A secondary analysis focused on ACEi/ARB use relative to AKI recovery (before versus after).

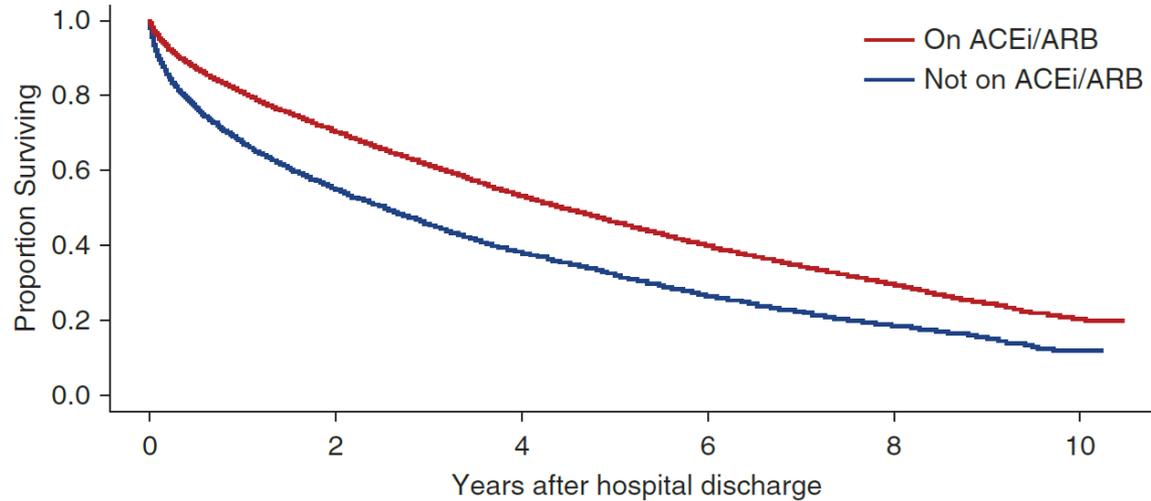
**Results** Among 54,735 Veterans with AKI, 31,146 deaths occurred over a median follow-up period of 2.3 years. Approximately 57% received an ACEi/ARB  $< 3$  months after hospitalization. In multivariate analysis with time-varying recovery, post-AKI ACEi/ARB use was associated with lower risk of mortality (adjusted hazard ratio [aHR], 0.74; 95% confidence interval [CI], 0.72 to 0.77). The association between ACEi/ARB use and mortality varied over time, with lower mortality risk associated with earlier initiation ( $P$  for interaction with time  $< 0.001$ ). In secondary analysis, compared with those with neither recovery nor ACEi/ARB use, risk of mortality was lower in those with recovery without ACEi/ARB use (aHR, 0.90; 95% CI, 0.87 to 0.94), those without recovery with ACEi/ARB use (aHR, 0.69; 95% CI, 0.66 to 0.72), and those with ACEi/ARB use after recovery (aHR, 0.70; 95% CI, 0.67 to 0.73).

**Conclusions** This study demonstrated lower mortality associated with ACEi/ARB use in Veterans with diabetes, proteinuria, and AKI, regardless of recovery. Results favored earlier ACEi/ARB initiation.

140,734 patients age 18-90 years with diabetes mellitus who survived AKI up to hospital discharge

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CLINICAL RESEARCH



Kaplan-Meier survival curves by ACEi/ARB use after hospitalization with AKI among Veterans with diabetes mellitus and proteinuria ( $N=54,735$ ;  $P < 0.001$ ). ACEi/ARB, angiotensin-converting enzyme inhibitor and angiotensin-II receptor blocker.

57 % received ACEi /ARBS within 3 months after discharge





**Dr Basset El Essawy**

[aelessawy@bwh.harvard.edu](mailto:aelessawy@bwh.harvard.edu)

[belessawy@azhar.edu.eg](mailto:belessawy@azhar.edu.eg)

[Abdel.essawy@rakmsu.ac.ae](mailto:Abdel.essawy@rakmsu.ac.ae)

[abelessawy@fakeeh.care](mailto:abelessawy@fakeeh.care)

[belessawy@gmail.com](mailto:belessawy@gmail.com)



**THANK  
YOU**





**Selection of RRT modality** requires careful consideration of many patient- and ICU-specific factors<sup>25,28</sup>

## Overview of modality considerations



**CLINICAL CONSIDERATIONS:  
FLUID OVERLOAD AND HEMODYNAMIC INSTABILITY**



**CLINICAL CONSIDERATIONS: LONG-TERM OUTCOMES**



**MACHINE AND PRESCRIPTION CONSIDERATIONS**



**SOLUTION CONSIDERATIONS**



**LONG-TERM COST CONSIDERATIONS**



**EQUIPMENT FOOTPRINT AND MOBILITY CONSIDERATIONS**



## Clinical considerations: fluid overload and hemodynamic instability

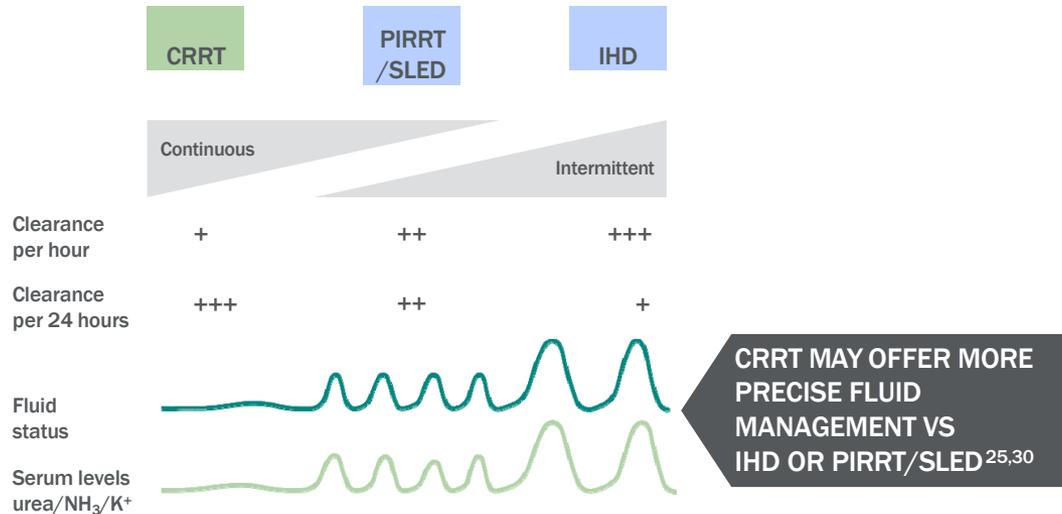


Fluid overload in AKI patients can be treated by fluid removal during RRT, but rapid fluid removal that does not allow time for plasma refill may lead to hemodynamic instability<sup>25,29</sup>



Avoiding rapid fluid removal to prevent hypovolaemia may improve AKI patient outcomes<sup>25,29</sup>

### Modality comparisons<sup>30</sup>



**CRRT IS A PREFERRED RRT BY MANY CLINICIANS FOR AKI PATIENTS WHO ARE HEMODYNAMICALLY UNSTABLE**<sup>25,29</sup>

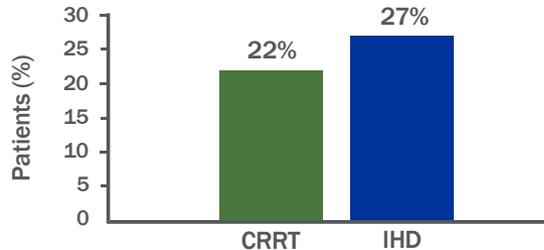


## Clinical considerations: long-term outcomes



AKI is associated with an increased risk of long-term dialysis dependence;<sup>8</sup> acute RRT modality type may impact this risk<sup>31-34</sup>

Patients on chronic dialysis at day 90 by initial RRT modality<sup>31,\*</sup>



CHRONIC DIALYSIS HAZARD RATIO (95% CI) FOR CRRT vs IHD WAS 0.75 (0.65-0.87), P<0.0001<sup>31</sup>

## Modality comparisons<sup>31-34</sup>

CONTINUOUS	INTERMITTENT	
CRRT	PIRRT	IHD
Patients are less likely to require chronic dialysis following initial AKI episode compared with patients treated with IHD	Insufficient evidence	It has been reported that patients are more likely to require chronic dialysis following initial AKI episode compared with patients treated with CRRT

USE OF **CRRT** FOR AKI MANAGEMENT HAS BEEN ASSOCIATED WITH A **LOWER RISK of CHRONIC DIALYSIS** COMPARED WITH IHD <sup>31-34</sup>

\*Retrospective multicentre cohort study of critically ill adults with AKI between 1996 and 2009. 2004 patients originally treated with CRRT and 2004 patients originally treated with IHD were propensity matched and rates of dialysis dependence were compared.<sup>31</sup>

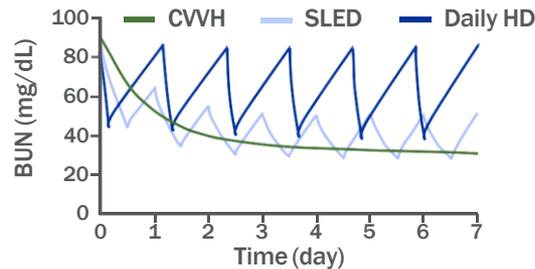


## Machine and prescription considerations



RRT machines deliver **different** dose intensities over **different** durations of therapy<sup>21,22,25</sup>

Kinetic modeling of urea clearance by different RRT modalities<sup>35</sup>



A SAWTOOTH PATTERN WAS OBSERVED WHEN USING INTERMITTENT THERAPIES TO REMOVE UREA, WHILE CONTINUOUS THERAPY MAINTAINED A CONSISTENT BUN LEVEL OVER TIME<sup>35</sup>

## Modality comparisons<sup>21,22,35</sup>

CONTINUOUS	INTERMITTENT	
CVVH	SLED	IHD
Intended to run 24 h/day • Slow but continuous urea clearance helps avoid spikes in BUN levels	Typically run in 6–12 h sessions delivered 3–7 times/week • Intermittent nature does not allow for continuous urea clearance, which could result in variable BUN levels	Typically run in 3–6 h sessions delivered 3–7 times/week • Intermittent nature does not allow for continuous urea clearance, which could result in variable BUN levels

UNLIKE IHD OR PIRRT, **CRRT** IS RUN ON MACHINES THAT DELIVER **CONTINUOUS** SOLUTE REMOVAL<sup>22,35</sup>



## Solution considerations



Typically, CRRT solutions are **commercially** prepared, while IHD and PIRRT use **local water sources** to prepare dialysate<sup>29,36,37</sup>



Preparing solutions on-line from local water sources **necessitates** water **treatment** and routine water **quality monitoring** to assure clean water standards are met<sup>36-38</sup>

## Modality comparisons<sup>29,36-40</sup>

CONTINUOUS	INTERMITTENT	
CRRT	PIRRT	IHD
<p>Because no on-line solutions are typically used, no water treatment systems are required</p> <ul style="list-style-type: none"> <li>Monitoring water quality is not applicable</li> </ul>	<p>If a centralized water treatment system is unavailable in the ICU, individual water quality monitoring is necessary</p> <ul style="list-style-type: none"> <li>If a centralized water treatment system is not used, staff need to monitor dialysate quality for individual patients</li> <li>Disinfection requirements may limit treatment duration to &lt;12 hours<sup>41</sup></li> </ul>	<p>If a centralized water treatment system is unavailable in the ICU, individual water quality monitoring is necessary</p> <ul style="list-style-type: none"> <li>If a centralized water treatment system is not used, staff need to monitor dialysate quality for individual patients</li> </ul>

WATER TREATMENT AND QUALITY TESTING MAY CONTRIBUTE TO **INCREASED MONITORING** WHEN USING SOLUTIONS PREPARED ON-LINE FOR **IHD and PIRRT**<sup>39,42</sup>

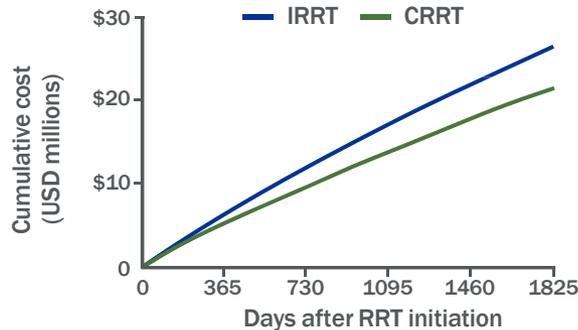


## Long-term cost considerations



Because initial RRT modality may impact the risk of chronic dialysis,<sup>31</sup> long-term costs of AKI may also be influenced by initial treatment modality<sup>43</sup>

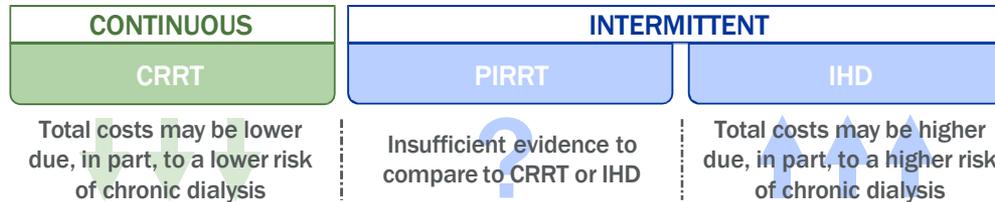
Cumulative costs of dialysis dependence by initial AKI treatment modality<sup>43,\*</sup>



**MEAN 5-YEAR TOTAL COST/PATIENT OF AKI-D<sup>†</sup> WAS \$37,780 FOR CRRT AS THE INITIAL MODALITY COMPARED WITH \$39,448 FOR IRRT<sup>43</sup>**

<sup>†</sup>Including cost of dialysis dependence. Cost in 2013 USD.

## Modality comparisons<sup>43</sup>



**THE LONG-TERM COST OF AKI MAY BE LOWER FOR PATIENTS INITIALLY TREATED WITH CRRT COMPARED TO THOSE TREATED WITH IHD<sup>43</sup>**

\*Health outcomes and healthcare costs were simulated and averaged for a cohort of 1000 patients initiated on CRRT and a cohort of 1000 patients initiated on IRRT. All costs were inflated to 2013 USD.<sup>43</sup>



## Equipment footprint and mobility considerations



Water treatment systems required for IHD and PIRRT add to physical **space** requirements and water lines may limit RRT mobility in ICUs without central water treatment systems<sup>37,40</sup>



In ICUs without central water treatment systems, portable **water treatment devices** may be necessary,<sup>40</sup> which can occupy as much as 0.13–0.16 m<sup>2</sup> of floor space<sup>44,45</sup>

### Modality comparisons<sup>36,37,40,41,46–49</sup>

CONTINUOUS	INTERMITTENT	
CRRT	PIRRT	IHD
<p>Because the CRRT machine is the only component that contributes to the therapy's physical footprint, treatment mobility may be increased</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p>No space considerations for water treatment systems are necessary</p>	<p>Both the IHD machine and water treatment systems contribute to the therapy's physical footprint, which may impact treatment mobility in ICUs without central water treatment systems</p> <ul style="list-style-type: none"> <li>•</li> </ul> <p>In situations where a central water treatment system is not utilised, the greater physical footprint of the machine + water treatment system may impact ICU spacing</p>	

**WATER TREATMENT** EQUIPMENT MAY ADD TO THE FOOTPRINT OF **IHD** AND **PIRRT** SYSTEMS, POTENTIALLY DECREASING TREATMENT MOBILITY AND IMPACTING SPACING CONSIDERATIONS<sup>40,47–49</sup>



AKI is a **common** and **costly** condition among ICU patients,<sup>1,17-19</sup> and is associated with increased risks of **morbidity and mortality**<sup>2-9</sup>



Acute RRT is delivered as **either a continuous or an intermittent** therapy, each of which have unique characteristics, settings, and limitations<sup>20,25-28</sup>

**Selection of RRT modality** requires careful consideration of many patient- and ICU-specific factors<sup>25,28</sup>



FLUID OVERLOAD AND  
HEMODYNAMIC  
INSTABILITY



LONG-TERM  
CLINICAL  
OUTCOMES



MACHINE AND  
PRESCRIPTION



SOLUTIONS



LONG-TERM COSTS



EQUIPMENT  
FOOTPRINT AND  
MOBILITY

**CRRT** IS A PREFERRED  
RENAL REPLACEMENT THERAPY  
BY MANY CLINICIANS FOR PATIENTS WITH AKI  
WHO ARE HEMODYNAMICALLY UNSTABLE <sup>25,28</sup>





AKI, acute kidney injury; AKID, dialysis-requiring AKI; BUN, blood urea nitrogen; CI, confidence interval; CKD, chronic kidney disease; CRRT, continuous renal replacement therapy; CVVH, continuous veno-venous hemofiltration; CVVHD, continuous veno-venous hemodialysis; CVVHDF, continuous veno-venous hemodiafiltration; dL, decilitre; EDHF, extended daily hemofiltration; ESRD, end-stage renal disease; Feb, February; GI, gastrointestinal; h, hour; HD, hemodialysis; ICU, intensive care unit; IHD, intermittent hemodialysis; IRRT, intermittent renal replacement therapy; K<sup>+</sup>, potassium ion; KDIGO, Kidney Disease Improving Global Outcomes; kg, kilogram; m<sup>2</sup>, square meters; mg, milligram; MI, myocardial infarction; min, minute; mL, millilitre; PD, peritoneal dialysis; PIRRT, prolonged intermittent renal replacement therapy; NH<sub>3</sub>, ammonia; Q<sub>b</sub>, blood flow rate; Q<sub>d</sub>, dialysis flow rate; RRT, renal replacement therapy; Sep, September; SLED, sustained or slow low-efficiency dialysis; SLEDD, sustained or slow low-efficiency daily dialysis; US, United States; USD, United States dollar; vs, versus; VTE, venous thromboembolism

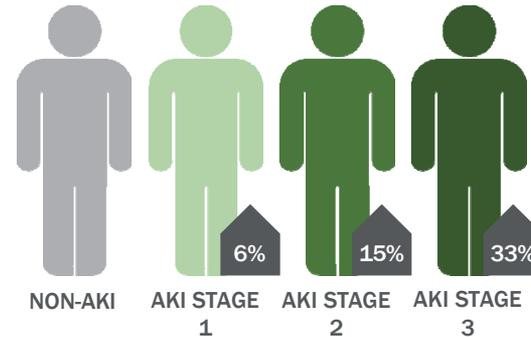
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AKI is associated with **substantial financial burden**<sup>17-19,\*</sup>

## AKI status impacts daily costs<sup>18</sup>

**PATIENTS WITH AKI HAVE SIGNIFICANTLY HIGHER DAILY COSTS COMPARED WITH PATIENTS WITHOUT AKI<sup>18,†</sup>**



## AKI is expensive even relative to other acute medical conditions<sup>19</sup>

Acute medical condition	Adjusted mean cost difference, in 2012 USD (95% CI) <sup>a</sup>
AKI-D <sup>b</sup>	11,016 (10,468, 11,564)
Sepsis	4822 (4696, 5068)
VTE	3782 (3611, 3953)
Acute pancreatitis	1802 (1676, 1929)
AKI <sup>c</sup>	1795 (1692, 1899)
Pneumonia	1705 (1584, 1825)
Stroke	1427 (1281, 1573)
MI	14 (-91, 119)
GI bleed	-860 (-961, -759)

**THE INCREMENTAL COST OF AKI-D OR AKI IS HIGHER THAN FOR MANY OTHER CONDITIONS FOUND IN HOSPITALIZED PATIENTS<sup>19,‡</sup>**

<sup>a</sup>Compared with reference group without the condition of interest.

<sup>b</sup>Compared with patients without AKI. <sup>c</sup>Includes patients with dialysis-requiring AKI (AKI-D).

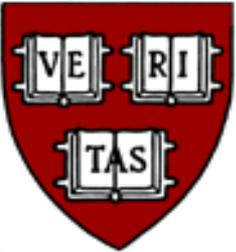
**WHILE EXPENDITURES MAY VARY BY COUNTRY, AKI is a COSTLY CONDITION<sup>17-19</sup>**

\*Costs for hospitalisation due to AKI may vary from country to country.

<sup>†</sup>Multicentre, retrospective cohort study of 659,945 adult hospital admissions across central China in 2013.<sup>18</sup>

<sup>‡</sup>2012 multicentre, retrospective study of 29,763,649 adult US hospitalisations without ESRD.<sup>19</sup>

**Fakeeh  
University  
Hospital**



# ***RRT for AKI: When? How much? Which Modality and When to stop***

**22-25<sup>th</sup> 2025 – Kuwait - Kuwait**

**Prof Basset El Essawy**

**M.B.B.CH, Msc, MD PhD FASN FAST**

**Maitre es Science Medical (Nephrology, France)**

**DIU Organ Transplantation ( France)**

**DIU Pediatric Nephrology ( France)**

**AFSA Clinical Nephrology and Hypertension ( France)**

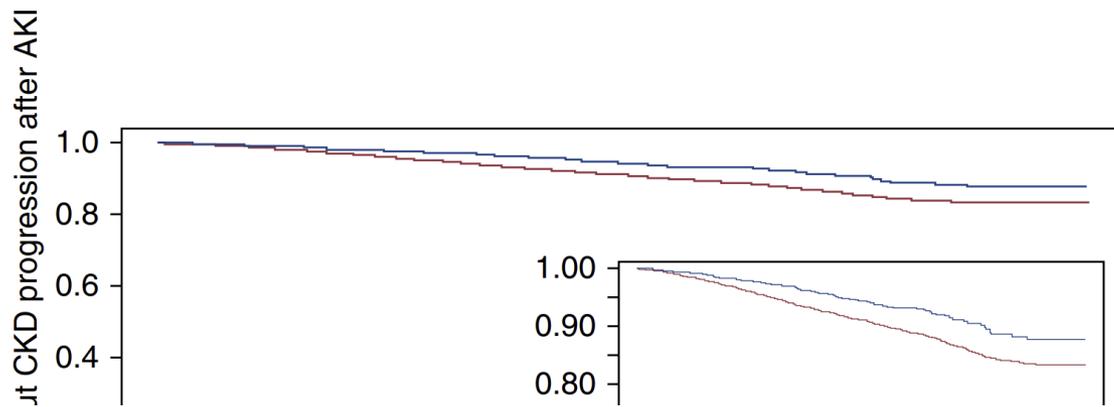
**C1 & C2 Immunology and Immunopathology ( France)**

**Diplome Des Etude Approfonde (DEA) Immunology of Organ transplantation ( France)**

**Prof. of Internal Medicine and Nephrology AlAzhar University & X-Associate Dean Ras AlKhaimah School of Medicine.  
Adjunct Prof Sharjah, Ras Al-Khaimah & Fakeeh university Hospital**

**Scientist, TRC- Renal Division; Brigham and women's Hospital.**

**Professor of Medicine - Harvard Medical School- USA**



ORIGINAL INVESTIGATION

[www.kidney360.org](http://www.kidney360.org)

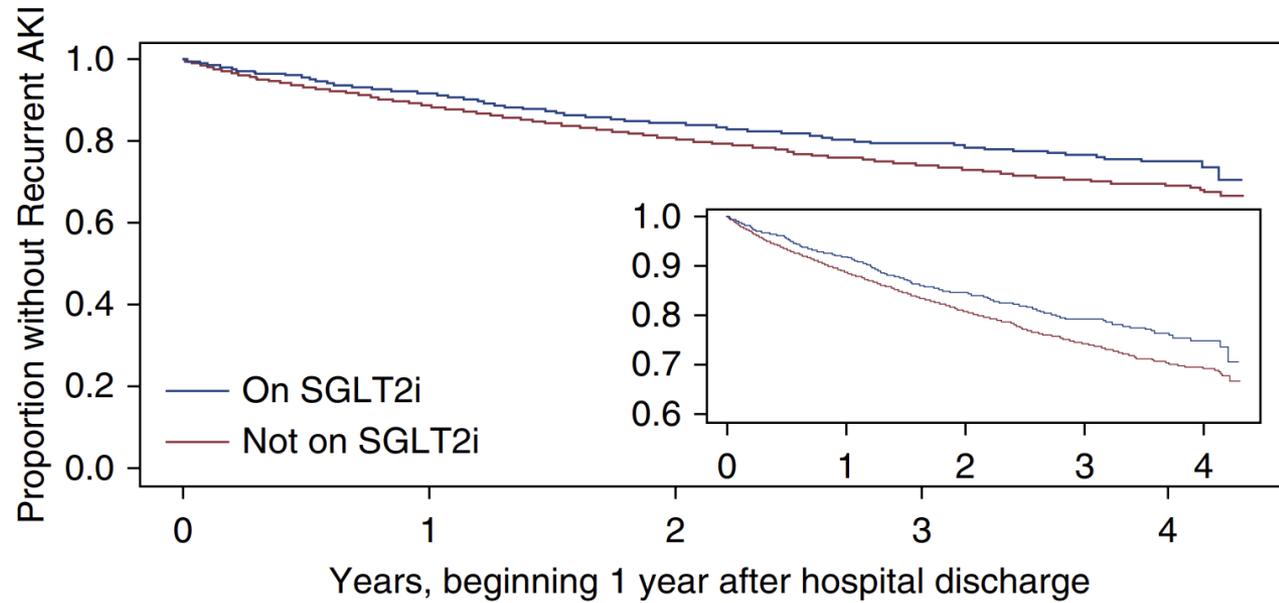
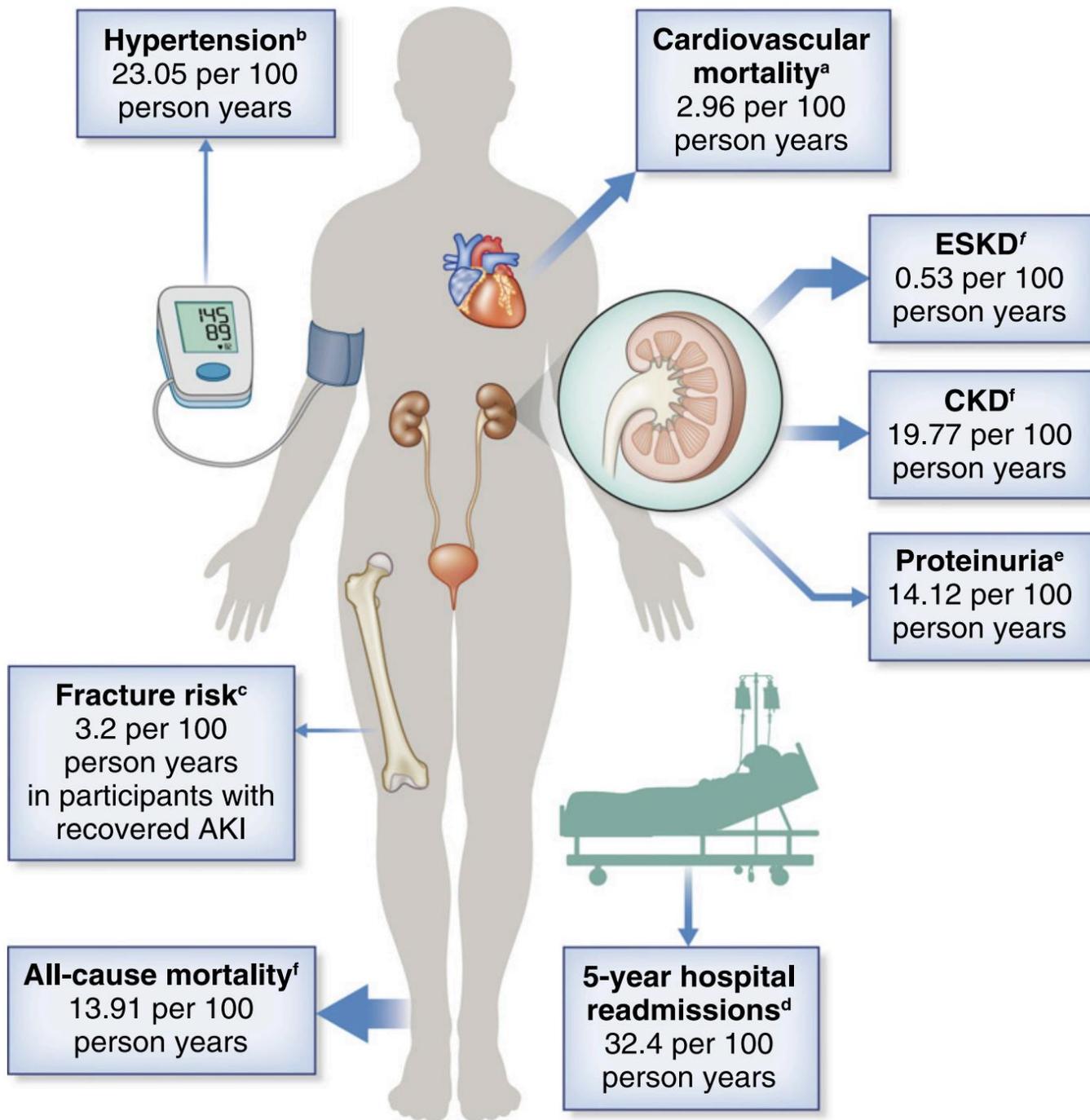


Figure 4. Kaplan–Meier curve for recurrent AKI progression after AKI by post-AKI SGLT2i use ( $N=10,036$ ,  $P < 0.001$ ).





**Table 2. Timing of initiation of dialysis and its association with mortality**

Study	Reference	Year	No. of Patients	Study Design	Predialysis BUN (mg/dl)		Mortality (%)	
					Early	Late	Early	Late
Parsons <i>et al.</i>	(6)	1961	33	Cohort with historical control	120 to 150	200	25	88
Fischer <i>et al.</i>	(7)	1966	162	Cohort with historical control	152	231	51	77
Kleinknecht <i>et al.</i> <sup>a</sup>	(8)	1972	320	Cohort with historical control	93	164	29	42
Conger <sup>a</sup>	(9)	1975	18	Case-control	50	120	20	64
Gettings <i>et al.</i>	(10)	1999	100	Retrospective cohort	42.6	94.5	61	80
Bouman <i>et al.</i>	(16)	2002	65	Randomized trial	48	105	31	25

<sup>a</sup> Case patients and control subjects differed with respect to both the timing of initiation of dialysis and the dose of dialysis delivered.



**Dr Basset El Essawy**

[aelessawy@bwh.harvard.edu](mailto:aelessawy@bwh.harvard.edu)

[belessawy@azhar.edu.eg](mailto:belessawy@azhar.edu.eg)

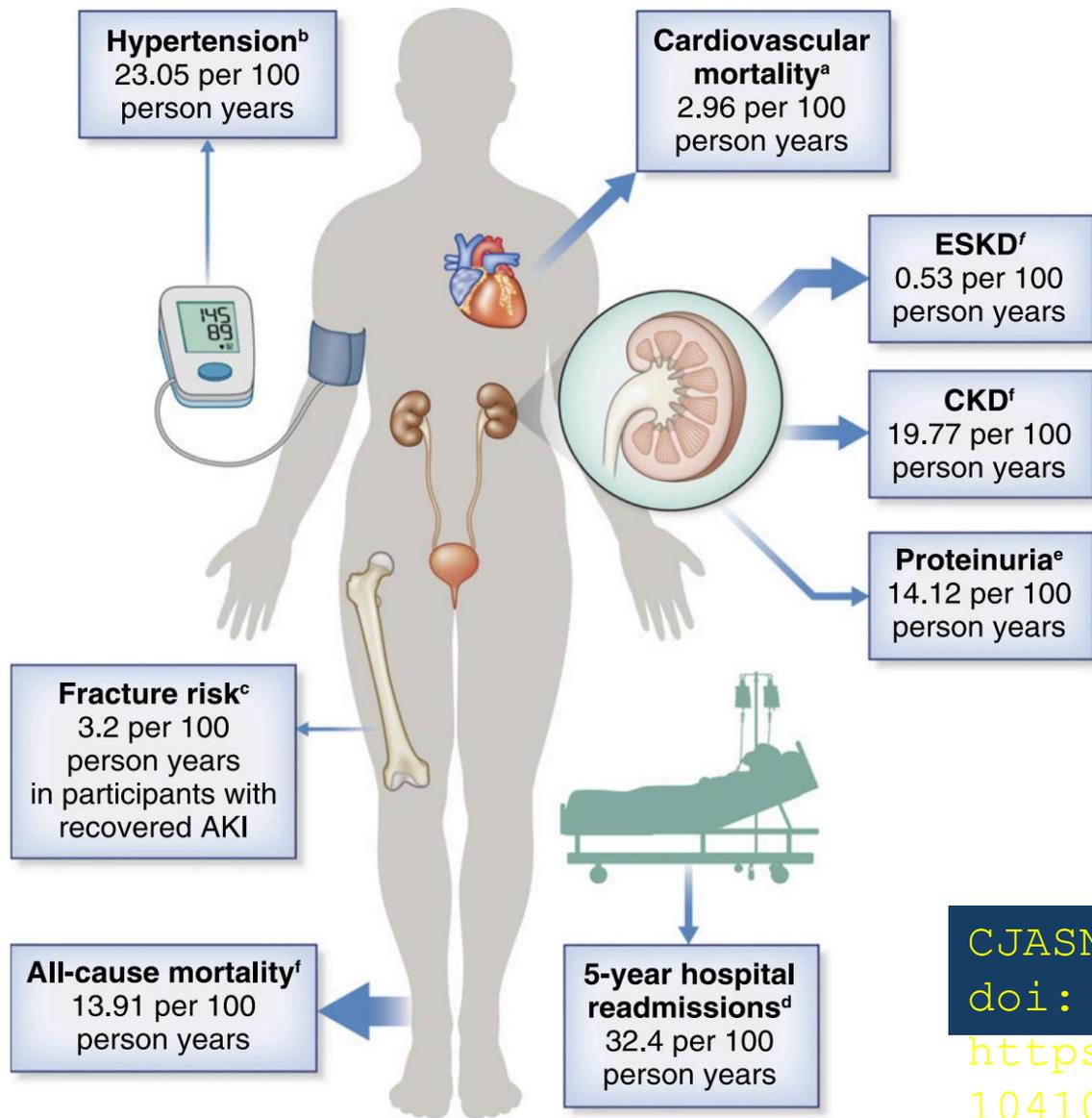
[Abdel.essawy@rakmhsu.ac.ae](mailto:Abdel.essawy@rakmhsu.ac.ae)

[belessawy@gmail.com](mailto:belessawy@gmail.com)



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**Figure 1. | Summary of reported event rates for long term outcomes after AKI.** The size of the arrows are a representation of the number of currently available studies reporting this outcome. It should also be noted that, although the rates are reported in the same units (events/100-person-years), data are taken from different sources and are therefore not directly comparable. The superscript letters indicate the sources of the event rates: <sup>a</sup>Odutayo *et al.* (8); <sup>b</sup>Hsu *et al.* (63); <sup>c</sup>Wang *et al.* (64); <sup>d</sup>Brown *et al.* (9); <sup>e</sup>Horne *et al.* (11); and <sup>f</sup>See *et al.* (5).